## Tempe Union High School District



## **Rotating Breakfast Menu**

Breakfast is served each morning at all schools

2017-18

Biscuts and gravy sausage links  choice of fruits, vegetables, and juice Choice of milk  Week 2  Grilled breakfast sand prove sausage patty choice of fruits, vegetables, and juice Choice of milk  Week 3  Scrambled eggs Choice of milk  Waffles and fruit Sausage and egg Scrambled eggs Scrambl	Breakfast is served e	each morning at all sc	noois		2017-18
Biscuts and gravy sausage links  choice of fruits, vegetables, and juice Choice of milk  Choic	Monday	Tuesday	Wednesday	Thursday	Friday
choice of fruits, vegetables, and juice Choice of milk  Week 2  Grilled breakfast sand juice vegetables, and juice choice of fruits, vegetables, and juice choice of milk  Banana pancakes maple syrup sausage patty choice of milk  Week 3  Scrambled eggs Scrambled eggs slice of fruits, vegetables, and juice Choice of milk  Week 3  Scrambled eggs Sice of ham  Sausage and egg biscuit  Sausage and egg biscuit  Sausage and guice Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Week 4  Breakfast burrito Waffle sticks maple syrup potato puffs choice of fruits, vegetables, and juice Choice of milk  Week 4  Breakfast burrito Waffle sticks maple syrup potato puffs choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Ch	Week 1				
choice of fruits, vegetables, and juice Choice of milk  Week 2  Grilled breakfast Banana pancakes maple syrup sausage patty choice of milk  Week 3  Choice of fruits, vegetables, and juice Choice of milk  Week 3  Grilled breakfast Banana pancakes maple syrup sausage patty choice of fruits, vegetables, and juice Choice of milk  Week 3  Scrambled eggs Scrambled eggs Scrambled eggs berries  Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Week 4  Breakfast burrito Waffle sticks maple syrup potato puffs choice of milk  Week 5  Choice of milk  Waffle sticks wegetables, and juice Choice of milk  Choice of milk  Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Cho	Biscuts and gravy	Waffles and fruit	Bagel sandwich	Breakfast burrito	Peanut butter and
vegetables, and juice Choice of milk Week 2 Grilled breakfast sandwich ham, cheese, egg choice of milk Week 3 Scrambled eggs Slice of ham Choice of fruits, vegetables, and juice Choice of milk  Sausage and egg biscuit Week 4 Breakfast burrito Week 4 Breakfast burrito With sausage Maffle sticks maple syrup potato puffs choice of fruits, vegetables, and juice Choice of milk  Week 5 Srambled eggs Slice of ham  Week 4 Breakfast burrito With sausage Maffle sticks maple syrup potato puffs choice of fruits, vegetables, and juice Choice of milk  Week 5 Breakfast burrito Week 4 Breakfast burrito With sausage Maffle sticks maple syrup potato puffs choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Week 5 Breakfast burrito Waffle sticks maple syrup potato puffs choice of fruits, vegetables, and juice Choice of milk  Week 5 Hot ham and cheese croissant  Vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choic	sausage links			potato, egg, cheese	jelly sandwich
vegetables, and juice Choice of milk Week 2 Grilled breakfast sandwich ham, cheese, egg choice of milk Week 3 Scrambled eggs Slice of ham Choice of fruits, vegetables, and juice Choice of milk  Sausage and egg biscuit Week 4 Breakfast burrito Week 4 Breakfast burrito With sausage Maffle sticks maple syrup potato puffs choice of fruits, vegetables, and juice Choice of milk  Week 5 Srambled eggs Slice of ham  Week 4 Breakfast burrito With sausage Maffle sticks maple syrup potato puffs choice of fruits, vegetables, and juice Choice of milk  Week 5 Breakfast burrito Week 4 Breakfast burrito With sausage Maffle sticks maple syrup potato puffs choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Week 5 Breakfast burrito Waffle sticks maple syrup potato puffs choice of fruits, vegetables, and juice Choice of milk  Week 5 Hot ham and cheese croissant  Vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choic					
Choice of milk Week 2 Grilled breakfast sandwich ham, cheese, egg choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of milk Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of milk Choice of milk Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of milk Choice of milk Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and j	choice of fruits,	choice of fruits,	choice of fruits,	choice of fruits,	choice of fruits,
Week 2 Grilled breakfast sandwich maple syrup choice of fruits, vegetables, and juice Choice of milk Week 3 Scrambled eggs Scrambled eggs slice of ham Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Week 3 Scrambled eggs Slice of ham Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Week 4  Breakfast burrito with sausage maple syrup potato puffs choice of fruits, vegetables, and juice Choice of milk  Week 5  Hot ham and cheese croissant  Choice of fruits, vegetables, and juice Vegetables, and juice Choice of fruits, vegetables, and juice Vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and ju	vegetables, and juice	vegetables, and juice	vegetables, and juice	vegetables, and juice	vegetables, and juice
Grilled breakfast sandwich maple syrup sausage patty choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of milk Cho	Choice of milk	Choice of milk	Choice of milk	Choice of milk	Choice of milk
sandwich ham, cheese, egg sausage patty choice of fruits, vegetables, and juice Choice of milk Choice of milk Choice of fruits, vegetables, and juice Choice of milk Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and ju	Week 2				
ham, cheese, egg choice of fruits, vegetables, and juice Choice of milk  Week 3  Scrambled eggs slice of ham  choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Sausage and egg biscuit  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice	Grilled breakfast	Banana pancakes	Bagel and cream	Large blueberry	Breakfast bowl
choice of fruits, vegetables, and juice Choice of milk  Week 3  Scrambled eggs Slice of ham  choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of fruits,	sandwich	maple syrup	cheese	muffin	(potato, ham,egg)
vegetables, and juice Choice of milk  Week 3  Scrambled eggs Slice of ham Choice of fruits, vegetables, and juice Choice of milk  Week 4  Breakfast burrito with sausage Choice of fruits, vegetables, and juice Choice of milk  Waffle sticks maple syrup potato puffs choice of milk  Week 5  Hot ham and cheese Croissant  Vegetables, and juice Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Veek 5  Hot ham and cheese croissant  Vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Veek 5  French toast  Vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Veek 5  French toast  Sausage and egg biscuit  Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Huevos rancheros Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of	ham, cheese, egg	sausage patty			side salsa
Choice of milk  Week 3  Scrambled eggs Slice of ham  Choice of fruits, vegetables, and juice Choice of milk  Week 4  Breakfast burrito with sausage Choice of fruits, vegetables, and juice Choice of milk  Egg and cheese breakfast sandwich  Egg and cheese breakfast sandwich  Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of milk  Flatbread breakfast sandwich  Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Flatbread breakfast sandwich  Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of fruits, vegeta	choice of fruits,	choice of fruits,	choice of fruits,	choice of fruits,	choice of fruits,
Scrambled eggs slice of ham  Choice of fruits, vegetables, and juice Choice of milk  Week 4  Breakfast burrito with sausage Choice of fruits, vegetables, and juice Choice of milk  Waffle sticks maple syrup potato puffs choice of fruits, vegetables, and juice Choice of milk  Week 5  Hot ham and cheese croissant  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Vegetables, and j	vegetables, and juice	vegetables, and juice	vegetables, and juice	vegetables, and juice	vegetables, and juice
Scrambled eggs slice of ham berries berries berries berries bereakfast burrito with sausage maple syrup potato puffs choice of fruits, vegetables, and juice Choice of milk berries breakfast sandwich sausage breakfast sandwich sausage choice of milk choice of fruits, vegetables, and juice choice of milk choice of fruits, vegetables, and juice choice of milk choice of fruits, vegetables, and juice choice of fruits, vegetable	Choice of milk	Choice of milk	Choice of milk	Choice of milk	Choice of milk
berries biscuit  biscuit  biscuit  fruit  small muffin  choice of fruits, vegetables, and juice  Choice of milk  Week 4  Breakfast burrito with sausage  choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of fruits, wegetables, and juice Choice of milk  Egg and cheese breakfast sandwich  Egg and cheese breakfast sandwich  Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Breakfast burrito Waffle sticks maple syrup potato puffs choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of milk  Bagel breakfast sandwich  Choice of fruits, vegetables, and juice Choice of fruits, ve	Week 3				
choice of fruits, vegetables, and juice Choice of milk  Week 4  Breakfast burrito with sausage maple syrup potato puffs choice of fruits, vegetables, and juice Choice of milk  Week 5  Hot ham and cheese croissant  Choice of fruits, vegetables, and juice Choice of milk  Sausage breakfast sandwich  Sausage breakfast sandwich  Sausage breakfast sandwich  Choice of fruits, vegetables, and juice Choice of milk  Sausage breakfast sandwich  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice o	Scrambled eggs	Oatmeal with	Sausage and egg	Yogurt parfait with	Flatbread breakfast
choice of fruits, vegetables, and juice Choice of milk  Week 4  Breakfast burrito with sausage choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Week 5  Hot ham and cheese croissant  choice of fruits, vegetables, and juice Vegetab	slice of ham	berries	biscuit	fruit	sandwich
vegetables, and juice Choice of milk  Week 4  Breakfast burrito with sausage choice of fruits, vegetables, and juice Choice of milk  Week 5  Hot ham and cheese croissant  vegetables, and juice Choice of milk  vegetables, and juice Choice of milk  vegetables, and juice Choice of milk  Egg and cheese breakfast sandwich choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Vegetables, and juice Choice of milk  Egg and cheese breakfast sandwich choice of fruits, vegetables, and juice Choice of milk  Egg and cheese breakfast sandwich  Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Egg sandwich (English muffin, egg, tomato, cheese) choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice					
Choice of milk  Choice of fruits,  vegetables, and juice  Choice of milk  Choice of fruits,  vegetables, and juice	•	1	•	•	•
Week 4 Breakfast burrito with sausage with sausage choice of fruits, vegetables, and juice Choice of milk  Week 5 Hot ham and cheese croissant  Waffle sticks maple syrup potato puffs choice of fruits, vegetables, and juice Choice of fruits Choice of fruits, vegetables, and juice	,	,			, ,
Breakfast burrito with sausage maple syrup potato puffs choice of fruits, vegetables, and juice Choice of milk  Week 5 Hot ham and cheese breakfast sand juice croissant  Choice of fruits, vegetables, and juice croissant  Choice of fruits, vegetables, and juice croissant  Choice of fruits, vegetables, and juice croissant  Egg and cheese breakfast sandwich  Choice of fruits, vegetables, and juice choice of fruits, vegetables, and juice choice of milk  Egg and cheese breakfast sandwich  Choice of fruits, vegetables, and juice vegetables,		Choice of milk	Choice of milk	Choice of milk	Choice of milk
with sausage maple syrup potato puffs choice of fruits, vegetables, and juice Choice of milk choice of milk choice of fruits, vegetables, and juice Choice of milk choice of fruits, vegetables, and juice Choice of milk choice of fruits, vegetables, and juice Choice of milk choice of fruits, vegetables, and juice Choice of milk choice of fruits, vegetables, and juice Choice of milk choice of fruits, vegetables, and juice vegetables,					
potato puffs choice of fruits, vegetables, and juice Choice of milk  Week 5  Hot ham and cheese croissant  Choice of fruits, vegetables, and juice Choice of fruits, vegetables, and juice Choice of milk  Sausage breakfast muffin  Choice of fruits, vegetables, and juice					
choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of fruits, vegetables, and juice Choice of milk  Choice of milk  Choice of fruits, vegetables, and juice Choice of fruits, vegetables and juice Choice of fruits, vegetables, and juice veg	with sausage		breakfast sandwich	con papas	
vegetables, and juice Choice of milk  Week 5 Hot ham and cheese croissant  Choice of fruits, vegetables, and juice vegetables, and juice Choice of fruits, vegetables, and juice vegetables, and juice Choice of milk  Vegetables, and juice veget		1.			
Choice of milk	•	,	1	· · · · · · · · · · · · · · · · · · ·	,
Week 5 Hot ham and cheese croissant  French toast  Sausage breakfast sandwich  Choice of fruits,  choice of fruits,  vegetables, and juice  Susage breakfast sandwich  Chicken and waffles  choice of fruits,  vegetables, and juice  Vegetables, and juice					
Hot ham and cheese croissant  French toast  Sausage breakfast sandwich  Choice of fruits, vegetables, and juice  Sausage breakfast sandwich  Choice of fruits, vegetables, and juice  Choice of fruits, vegetables, and juice  Chicken and waffles sandwich  Choice of fruits, vegetables, and juice vegetables, and juice		Choice of milk	Choice of milk	Choice of milk	Choice of milk
croissant muffin sandwich  choice of fruits, choice of fruits, vegetables, and juice veg					
choice of fruits, choice of fruits, choice of fruits, vegetables, and juice vegetables,	Hot ham and cheese	French toast	Sausage breakfast	Bagel breakfast	Chicken and waffles
vegetables, and juice	croissant		muffin	sandwich	
vegetables, and juice					
	choice of fruits,	choice of fruits,	choice of fruits,	choice of fruits,	choice of fruits,
	vegetables, and juice	vegetables, and juice	vegetables, and juice	vegetables, and juice	vegetables, and juice
	Choice of milk			Choice of milk	





Menu is subject to change without notice due to availability.

Choices are not guaranteed

Cereal or granola bar available as a choice each day

This institution is an equal opportunity provider and employer.

Prices: student \$1.35

Breakfast meals are Free or reduced to families

that qualify. See website for application

www.tempeunion.org

on line payment options also found on website